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FALL / WINTER
2007

>> Self-Help Edition



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The Audiobook

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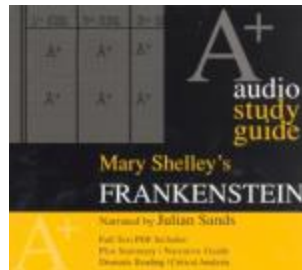
Self Help

A+ Audio Guide: Frankenstein

Author
Richard Kaye

Reader
Julian Sands

Price
\$ 6.98



A+ Audio is the innovative audio study guide series that will help you better understand, appreciate, and enjoy great works of literature.

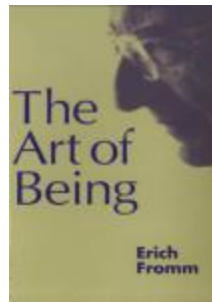
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Art of Being, The

Author
Erich Fromm

Reader
Raymond Todd

Price
\$ 12.95



This classic work by psychologist and social philosopher Eric Fromm builds upon his previous popular book To Have or to Be? The Art of Being teaches us to avoid the tantalizing illusions of our con...

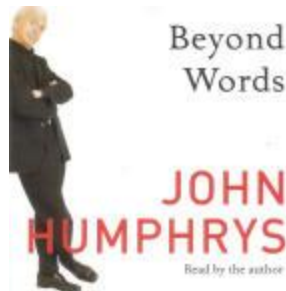
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Beyond Words

Author
John Humphrys

Reader
John Humphrys

Price
\$ 16.75



Here the ever-popular presenter of the Today programme and best-selling author of Lost for Words takes a sharp look at our current phrases and expressions to expose the often hidden attitudes...

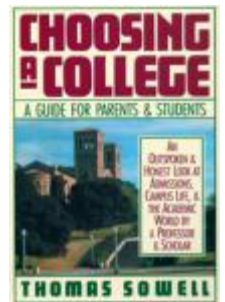
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Choosing a College

Author
Thomas Sowell

Reader
Robert Morris

Price
\$ 16.95



Subtitled A Guide for Parents & Students, this book starts you at square one, before you know what questions to ask, what colleges to read about, or what statistics to look up. Sowell pulls no punc...

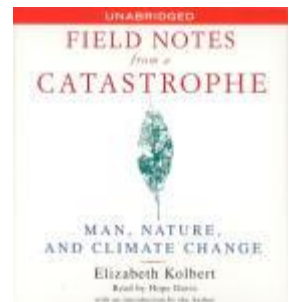
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Field Notes From a Catastrophe (Unabridged)

Author
Elizabeth Kolbert

Reader
Hope Davis

Price
\$ 17.95



Americans have been warned that the buildup of carbon dioxide in our atmosphere threatens to melt the polar ice sheets and irreversibly change our climate. The question is what can be done?

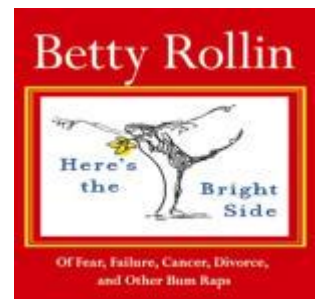
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Here's the Bright Side: Of Failure, Fear, Cancer, Divorce, and Other Bum Raps

Author
Betty Rollin

Reader
Pam Ward

Price
\$ 9.95



This is a wise, moving, and funny book about what people gain from situations of loss. Sharing stories of the positive outcomes of failure, divorce, and widowhood, as well as her own evolving joy as a cancer survivor, Rollins offers a unique and inspirational view of how people often find...

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Simple Steps

Author

Lisa Lelas, Linda McClintock,
and Beverly Zingarella

Reader

Celeste Lawson

Price

\$ 16.95



Let the women who established the popular Simple Steps program tell you how to soothe your soul and simplify your life in just ten weeks. Each week, learn a new simple step for addressing the key a...

<http://www.createtimeaudio.com/Title.aspx?titleId=8771>

Stealing Your Life: The Ultimate Identity Theft Prevention Plan

Author

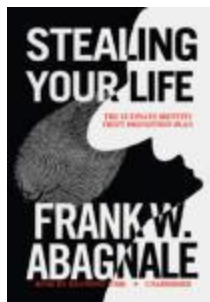
Frank W. Abagnale

Reader

Raymond Todd

Price

\$ 16.95



When Frank Abagnale trains FBI agents about identity theft, he asks for their addresses and nothing more. The next day, he returns with everything he would need to steal their lives. From an unsurpassed authority on the latest identity-theft schemes comes this reference guide that everyone needs.

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Thorstein Veblen and Institutionalism: Social Institutions Gain New Significance in Economics

Author

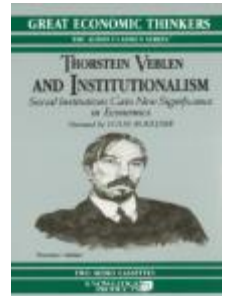
Dr. William Peterson

Reader

Louis Rukeyser

Price

\$ 25.00



Institutionalism is an economic point of view that emphasizes the role of social organization and structure in modern economic life. Thorstein Veblen (1857-1929), an American son of Norwegian immigrants was instrumental in creating this school of thought in the early twentieth century, and he...

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Tipping Point, The

Author

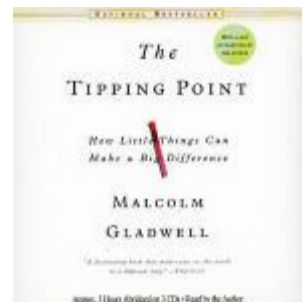
Malcolm Gladwell

Reader

Malcolm Gladwell

Price

\$ 12.75



A look at why major changes in our society so often happen suddenly and unexpectedly.

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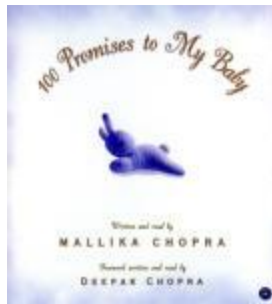
**Self Help / Personal
Growth**

100 Promises to My Baby

Author
Mallika Chopra

Reader
Mallika Chopra and Deepak Chopra

Price
\$ 14.95



A lyrical ode to maternal love -- and a universal expression of every mother's hopes and dreams for her child.

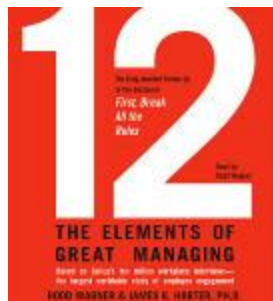
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12: The Elements of Great Managing

Author
Rodd Wagner

Reader
James K Harter

Price
\$ 17.95



The long awaited sequel to the Million-Copy Classic that Revolutionized Employee Engagement.

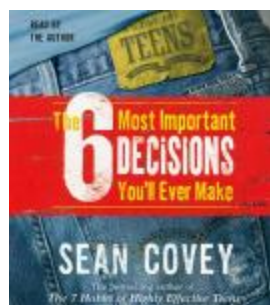
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6 Most Important Decisions You'll Ever Make, The

Author
Sean Covey

Reader
Sean Covey and Teens

Price
\$ 21.00



"This book is way better than Sean's first one, and that one was GREAT! Every teen in the world should read this book. And, oh yea. it was really funny." - Matt Klymochko, Teenager

<http://www.createtimeaudio.com/Title.aspx?titleId=8423>

A Guide To Self-Esteem and Self-Confidence

Author
Andy Guides

Reader
-

Price
\$ 13.25



Not only does this report include timely tips and advice on how to achieve self-confidence and self-esteem but also tips on how to communicate effectively and date with confidence!

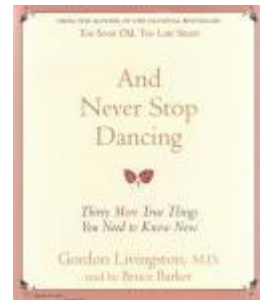
<http://www.createtimeaudio.com/Title.aspx?titleId=8931>

And Never Stop Dancing (Unabridged)

Author
Gordon Livingston, MD

Reader
Bruce Barker

Price
\$ 17.95



Dr. Gordon Livingston's national bestseller, Too Soon Old, Too Late Smart, has drawn tens of thousands...

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Bad Childhood, Good Life

Author
Dr. Laura Schlessinger

Reader
Dr. Laura Schlessinger

Price
\$ 14.95



In her most important book yet, Dr Laura Schlessinger shows men and women that they can have a good life no matter how bad their childhood was.

<http://www.createtimeaudio.com/Title.aspx?titleId=7500>

Balance: In Search of the Lost Sense

Author
Scott McCredie

Reader
Bob Craig

Price
\$ 17.49



A scientific, historical, and practical exploration of how balance works, Balance also provides the keys to remaining upright for as long as humanly possible.

<http://www.createtimeaudio.com/Title.aspx?titleId=8452>

Be Creative

Author
Guy Claxton & Bill Lucas

Reader
Guy Claxton & Bill Lucas

Price
\$ 13.49



Release your imagination and recognise your creative intelligence.

<http://www.createtimeaudio.com/Title.aspx?titleId=1316>

Boosting Your Confidence

Author
Andrew Johnson

Reader
Andrew Johnson

Price
\$ 10.00



If you feel like you need more self confidence in life, then this may be the CD for you.

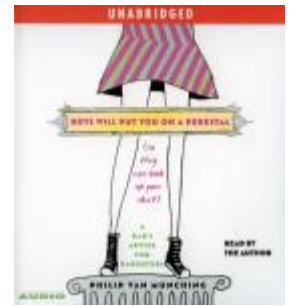
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Boys Will Put You On A Pedestal

Author
Phil Van Munching

Reader
Phil Van Munching

Price
\$ 15.95



"Boys Will Put You on a Pedestal is a fresh, informative, and entertaining guidebook that's a must read for every young woman in America.

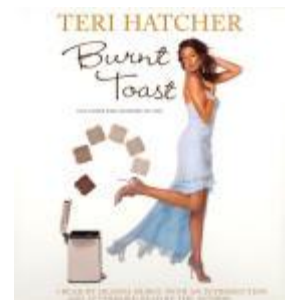
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Burnt Toast

Author
Teri Hatcher

Reader
Deanna Hurst

Price
\$ 17.48



Fed up of not living life to the full? Not getting the most out of your day? Teri Hatcher, star of the hit TV series Desperate Housewives shows you how to maximise happiness...

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Change Your Underwear - Change Your Life

Author
Dr. Maryann Troiani and Dr. Michael Mercer

Reader
Julie Schaller

Price
\$ 11.00



A call to action and vibrancy - a call to improve your life. Written by Dr Trioni and Dr Mercer and read by Julie Schaller.

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Commitment: The Flame of Focused Passion

Author
Edwene Gaines

Reader
Edwene Gaines

Price
\$ 17.98



An audio recording of the Commitment workshop recorded at Unity of Dayton, Ohio, focusing on the intense power of commitments.

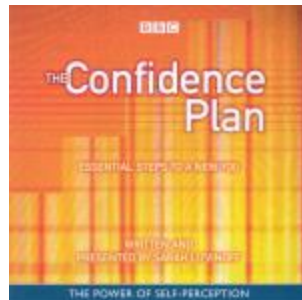
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Confidence Plan, The

Author
Sarah Litvinoff

Reader
Sarah Litvinoff

Price
\$ 13.49



Learn how to be more confident for success in both your professional and personal lives.

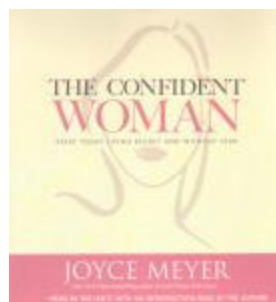
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Confident Woman, The

Author
Joyce Meyer

Reader
Pat Lentz

Price
\$ 20.99



In THE CONFIDENT WOMAN, Joyce Meyer draws on her decades of experience interacting with and ministering to women...

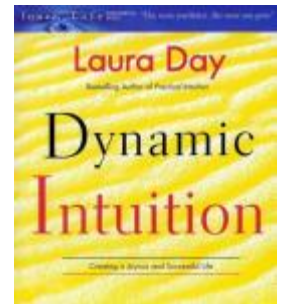
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Dynamic Intuition

Author
Laura Day

Reader
Laura Day

Price
\$ 11.95



Bestselling author of practical intuition Laura Day helps you unleash your intuitive power.

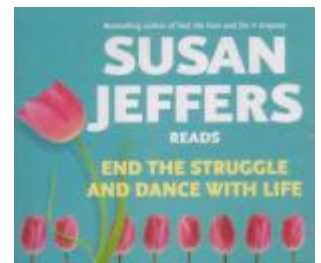
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End the Struggle and Dance with Life

Author
Susan Jeffers

Reader
Susan Jeffers

Price
\$ 16.75



From the author of the bestselling classic FEEL THE FEAR AND DO IT ANYWAY comes a book of inspirational advice to heal the spirit and lift the weight of the world..

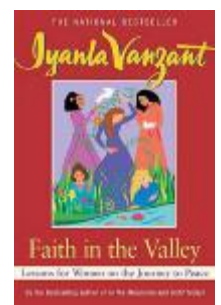
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Faith In The Valley

Author
Iyanla Vanzant

Reader
Iyanla Vanzant

Price
\$ 11.95

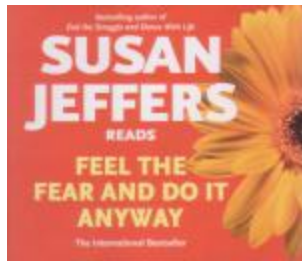


Faith in the Valley was written to help you feel less lonely, by reminding you that you really aren't ever alone since God is always by your side.

<http://www.createtimeaudio.com/Title.aspx?titleId=7125>

Feel the Fear and Do it Anyway

Author
Susan Jeffers



Reader
Susan Jeffers

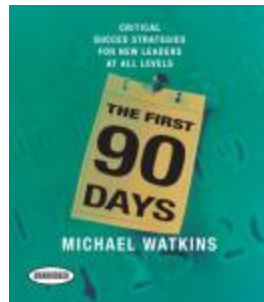
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Susan Jeffers' bestselling guide to changing your life. What is stopping you from being the person you want to be and living your life the way you want to live it? ..

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First 90 Days, The

Author
Michael Watkins



Reader
Kevin T. Norris

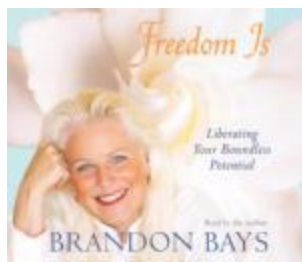
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You've just been promoted to a new leadership position. You're not yet sure of the challenges ahead or how you will meet them. All you know is that you have three months to prove yourself...

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Freedom is

Author
Brandon Bays



Reader
Brandon Bays

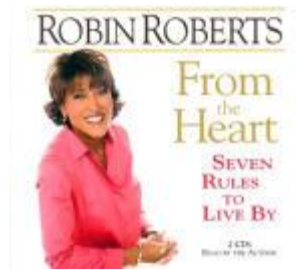
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FREEDOM IS - Liberating your Boundless Potential read by the Author Brandon Bays

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From the Heart: Seven Rules to Live By

Author
Robin Roberts



Reader
Robin Roberts

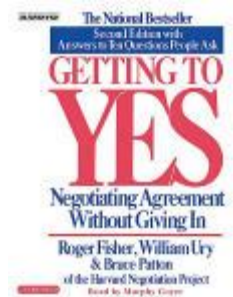
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Seven rules to live by. In this little audiobook with a big heart, Robin imparts her valuable wisdom through personal stories and inspirational reflections on how you can be your best self.

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Getting To Yes

Author
Roger Fisher, William Ury, Bruce Patton



Reader
Murphy Guyer

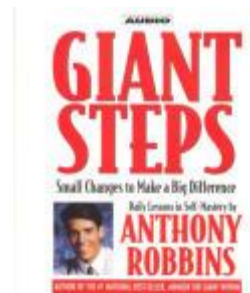
Price
\$ 17.95

Getting to Yes is a straightforward, universally applicable method for negotiating personal and professional disputes without getting taken -- and without getting angry.

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Giant Steps

Author
Anthony Robbins



Reader
Anthony Robbins

Price
\$ 11.95

Bestselling author and peak performance consultant Anthony Robbins offers daily inspirations and small actions - exercises - with giant steps forward in the quality of your life.

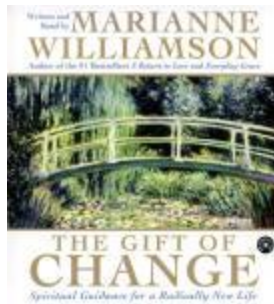
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Gift of Change, The

Author
Marianne Williamson

Reader
Marianne Williamson

Price
\$ 19.95



In this audio, bestselling author Marianne Williamson delves deeply into the powerful role of change in our lives today.

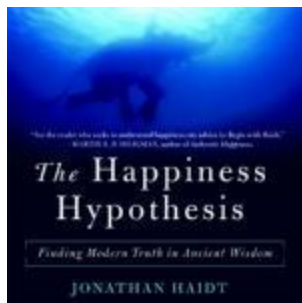
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Happiness Hypothesis, The

Author
Jonathan Haidt

Reader
George K Wilson

Price
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This is a book about ten Great Ideas. Each chapter is an attempt to savor one idea that has been discovered by several of the world's civilizations.

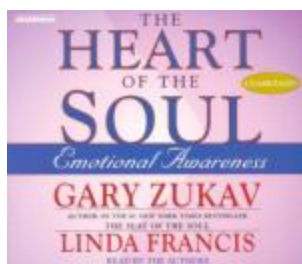
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Heart of the Soul

Author
Gary Zukav, Linda Francis

Reader
Gary Zukav, Linda Francis

Price
\$ 18.95



In The Seat of the Soul, prize-winning author Gary Zukav explained how the expansion of human perception beyond the five senses leads to a new understanding of "authentic power."

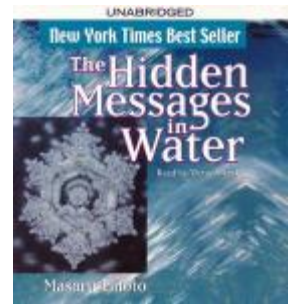
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Hidden Messages in Water, The

Author
Masaru Emoto

Reader
Victor Slezak

Price
\$ 14.95



The message Dr. Emoto finds in water is one of personal health, global environmental renewal, and a practical plan for peace that starts with each one of us.

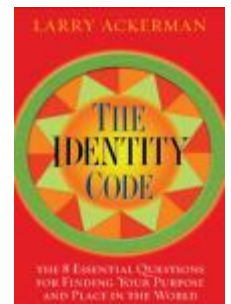
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Identity Code, The

Author
Larry Ackerman

Reader
Brian Emerson

Price
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In this life-transforming book, Larry Ackerman provides a practical key for uncovering your purpose. Your identity code, much like your genetic code, provides a complete map of who you are and how ...

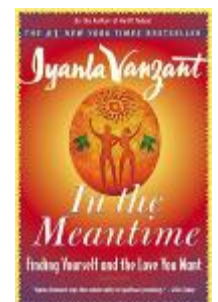
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In The Meantime

Author
Iyanla Vanzant

Reader
Iyanla Vanzant

Price
\$ 10.95



The #1 National Bestseller! In this book, Iyanla Vanzant teaches us how to do our mental housekeeping so that we can clean the windows, floors, walls, closets, and corners of our minds.

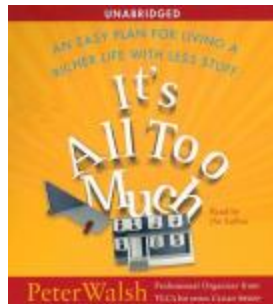
<http://www.createtimeaudio.com/Title.aspx?titleId=6201>

It's All Too Much

Author
Peter Walsh

Reader
Peter Walsh

Price
\$ 17.95



If somewhere along the way you've simply lost the ability to keep your home organized and clutter-free, then It's All Too Much has the solution you've been searching for.

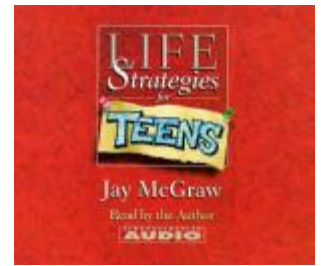
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Life Strategies for Teens

Author
Jay McGraw

Reader
Jay McGraw

Price
\$ 11.95



Whether you are a teen looking for a little help, or a parent or grandparent wanting to provide guidance, this book tackles the challenges of adolescence like no other.

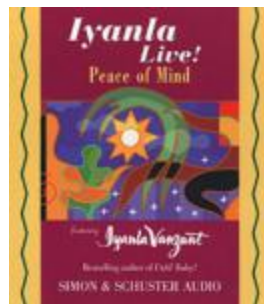
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Iyanla Live! Peace of Mind

Author
Iyanla Vanzant

Reader
Iyanla Vanzant

Price
\$ 7.95



By exercising the three laws of physics -- Inertia, Proportional Force, and the Law of Action -- we can hold our center in the face of a crazy world.

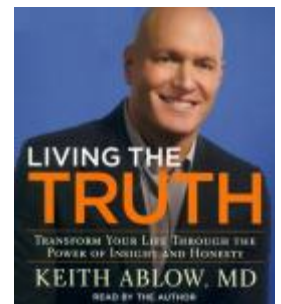
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Living The Truth

Author
Keith Ablow, MD

Reader
Keith Ablow, MD

Price
\$ 14.98



With compassion and authority, Dr. Ablow presents illuminating stories from his practice, straight-up advice and strategies, and a personal workbook.

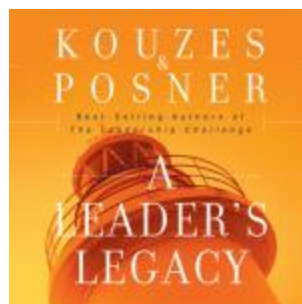
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Leader's Legacy, A

Author
J. Kouzes & B. Posner

Reader
J. Kouzes & B. Posner

Price
\$ 24.98



Jim Kouzes and Barry Posner have done it again! In clear, concise essays filled with wisdom and insight, they set the standard of what leaders need to be in order to excel in the twenty-first century.

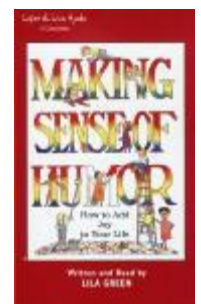
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Making Sense of Humor

Author
Lila Green

Reader
Lila Green

Price
\$ 11.00



Fun-filled tips on how to inject humor into your home, office, family celebrations and more.

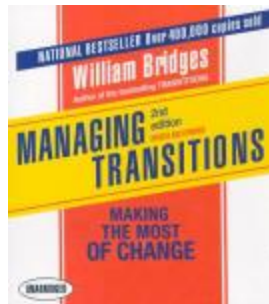
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Managing Transitions: Making The Most Of Change

Author
William Bridges

Reader
William Bridges

Price
\$ 24.98



Managing Transitions Provides practical, step-by-step strategies for reaching the goal of successful change and for minimizing the disruptions caused by workplace change

<http://www.createtimeaudio.com/Title.aspx?titleId=9874>

Master Reader

Author
Edward L Fritsch & Nate Rosenblatt

Reader
Edward L Fritsch & Nate Rosenblatt

Price
\$ 14.98



The highly effective techniques in Master Reader will cut your reading time in half!

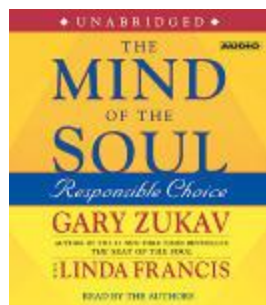
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Mind of the Soul, The

Author
Gary Zukav

Reader
Gary Zukav

Price
\$ 17.95



The Mind of the Soul: Responsible Choice is a practical, useful and easily understood exploration of the dynamic of choice and how the choices we make affect our everyday lives, for better or worse.

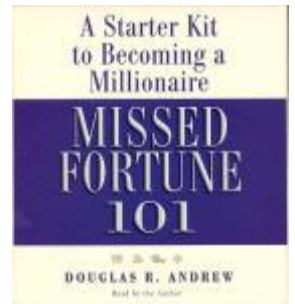
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Reader
Douglas R. Andrew

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Financial strategist Douglas R. Andrew, dares to question the conventional wisdom on personal finance that most people accept.

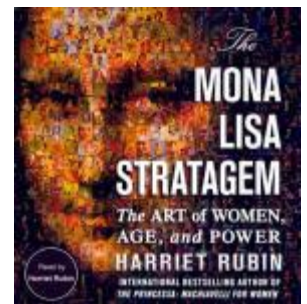
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Mona Lisa Stratagem, The

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Harriet Rubin

Reader
Harriet Rubin

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When a woman reaches the peak of her life, beginning at age 45, only one enemy has the power to threaten her confidence, steal her beauty, and make her feel invisible.

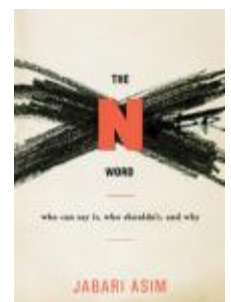
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N Word, The: Who Can Say It, Who Shouldn't, and Why

Author
Jabari Asim

Reader
Mirron Willis

Price
\$ 19.95



In The N Word, a renowned cultural critic untangles the twisted history and future of racism through its most volatile word. The author reveals how the word has both reflected and spread the scourge of bigotry in America and states that only when we know its legacy can we loosen this slur's grip...

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Optimum Mind & Body Performance Series: Managing Thoughts

Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

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Manage your thoughts with Original Interactive Self-Hypnosis. Program your mind for what you want & not what you don't want.

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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
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Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



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Author
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Elizabeth Bohorquez, RN, C.Ht

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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

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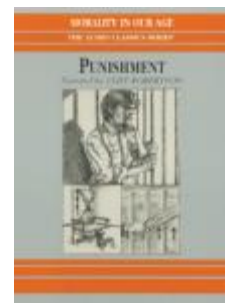
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Author
Dr. Crispin Sartwell

Reader
Cliff Robertson and Robert Guillaume

Price
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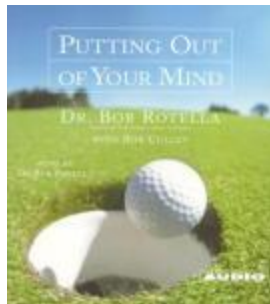


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Putting Out of Your Mind

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Reader
Dr. Bob Rotella

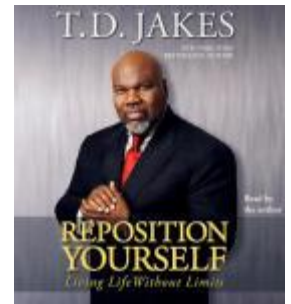
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Reposition Yourself

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T.D. Jakes



Reader
T.D. Jakes

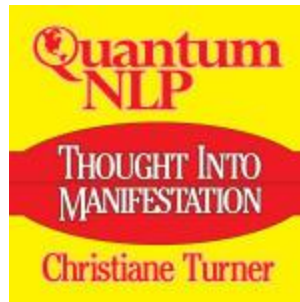
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Christiane Turner



Reader
Christiane Turner

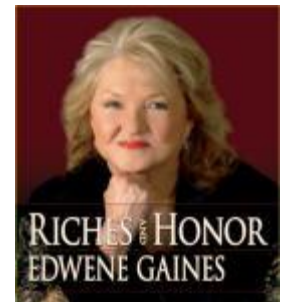
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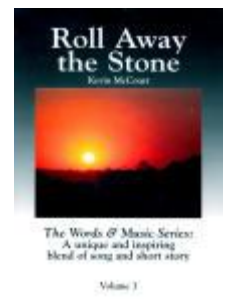
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Maggie Lawrie

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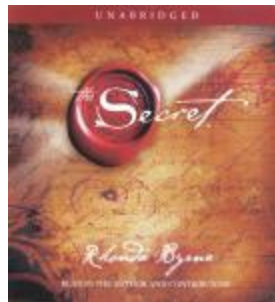
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Reader
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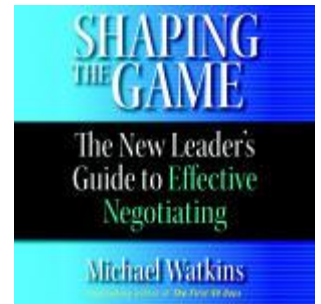
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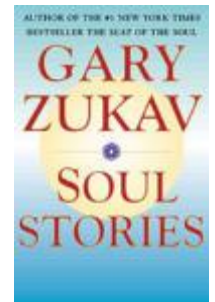
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Gary Zukav

Reader
Gary Zukav

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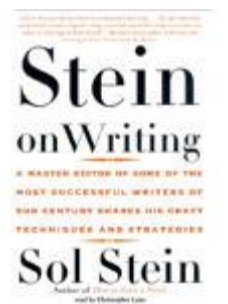
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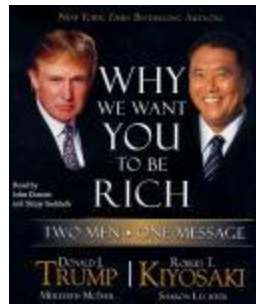
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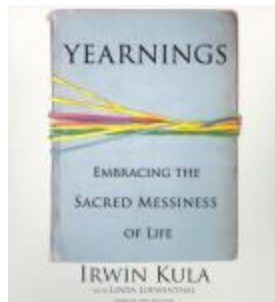
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Author

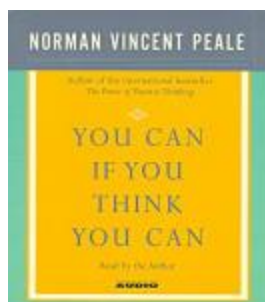
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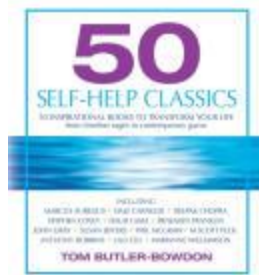
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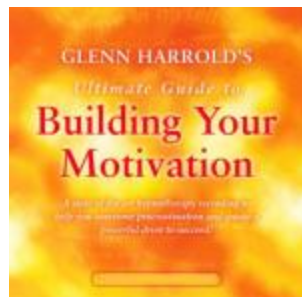
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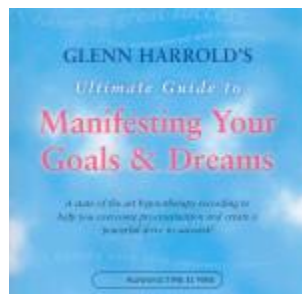
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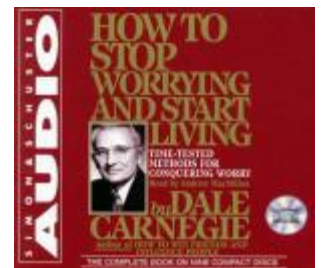
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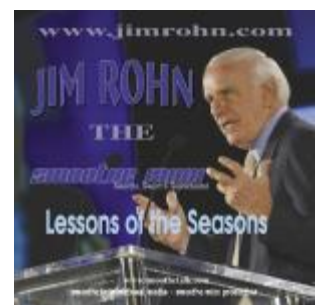
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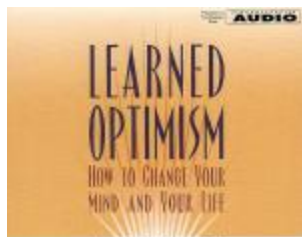


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Reader
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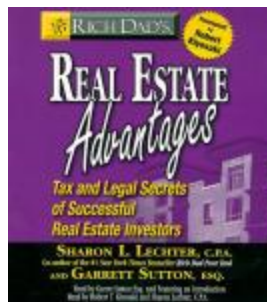
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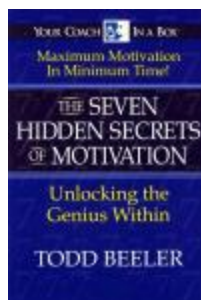
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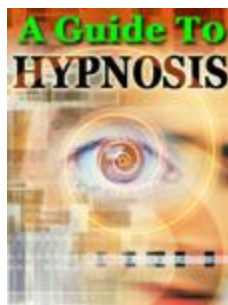
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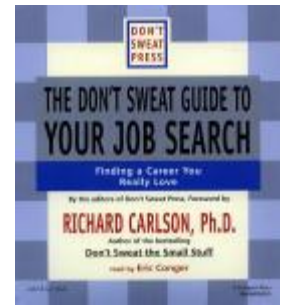
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Various

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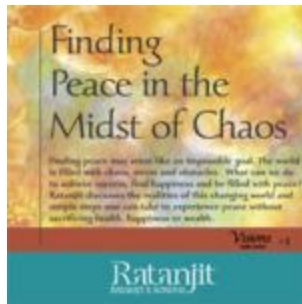


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Ratanjit S Sondhe & Raymond Somich Sr.



Reader
Ratanjit S Sondhe & Raymond Somich Sr.

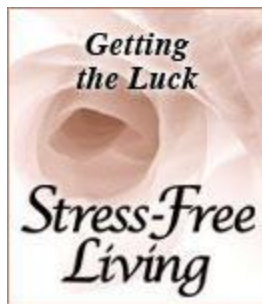
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Author
Ratanjit S Sondhe & Raymond Somich Sr.



Reader
Ratanjit S Sondhe & Raymond Somich Sr.

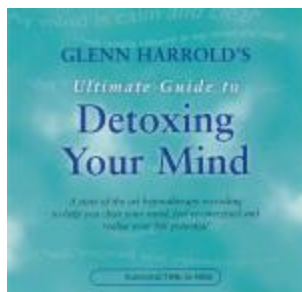
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Author
Glenn Harrold



Reader
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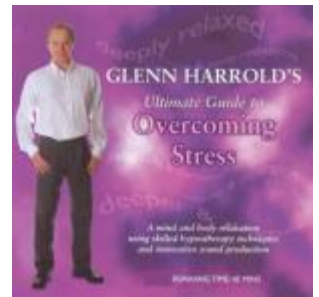
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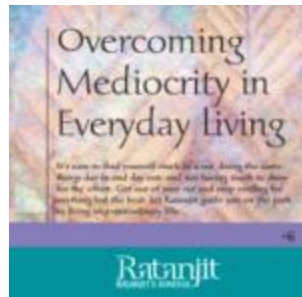
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Overcoming Mediocrity in Everyday Living: Turning the Ordinary into Extraordinary

Author
Ratanjit S Sondhe & Raymond Somich Sr.

Reader
Ratanjit S Sondhe & Raymond Somich Sr.

Price
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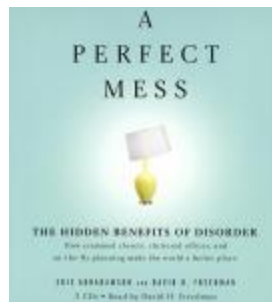
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Perfect Mess, A

Author
Eric Abrahamson & David H. Freedman

Reader
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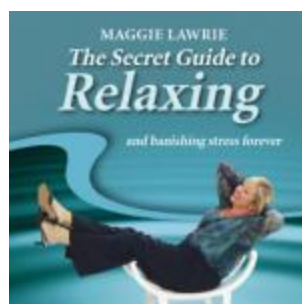
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Reader
Maggie Lawrie

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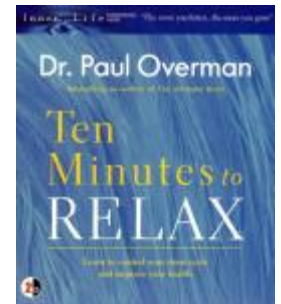
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Author
Dr Paul Overman

Reader
Paul Overman

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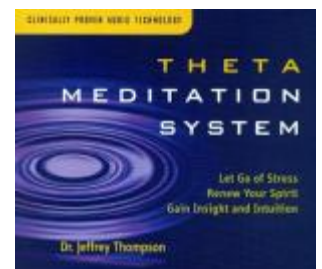
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Reader
Dr Jeffrey Thompson

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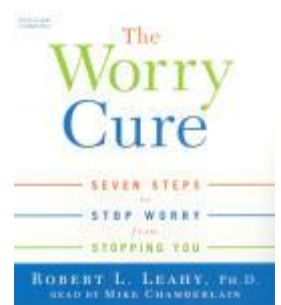
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Reader
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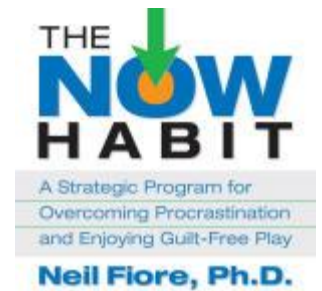
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Reader
Neil Fiore

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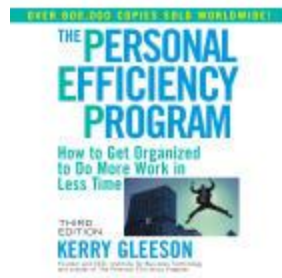


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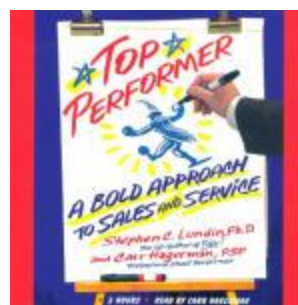
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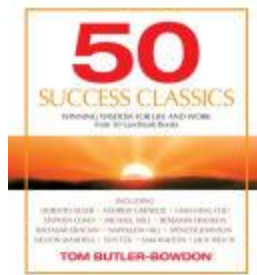
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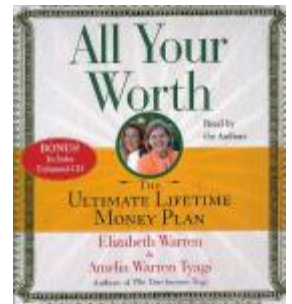
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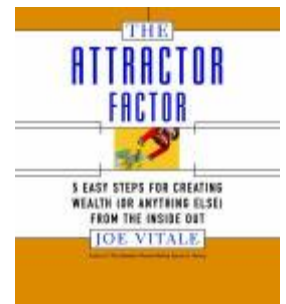
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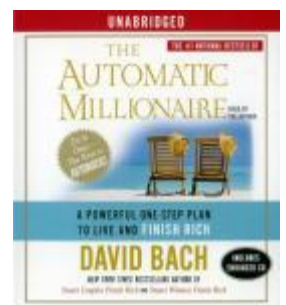
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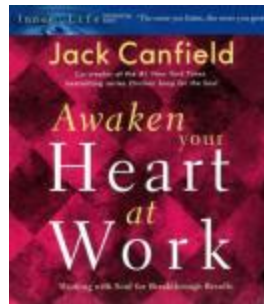
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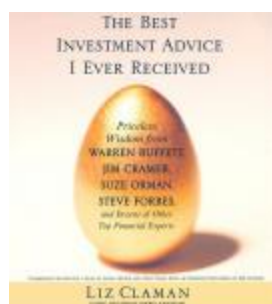
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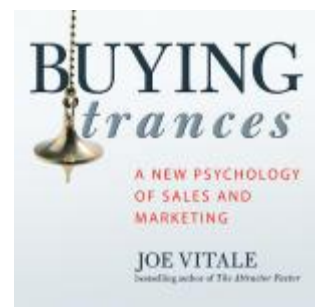
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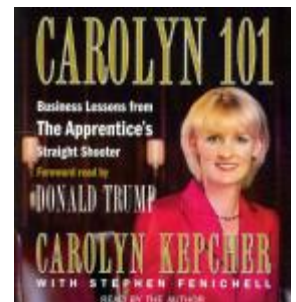
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Author

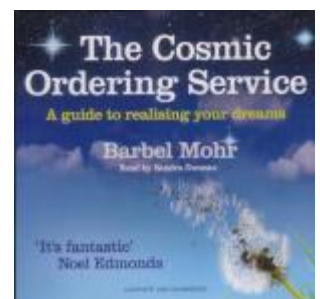
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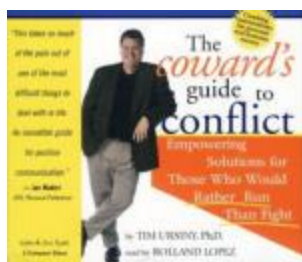


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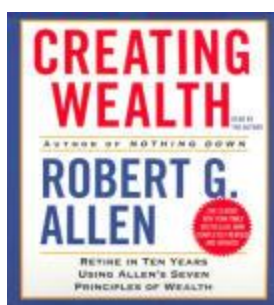
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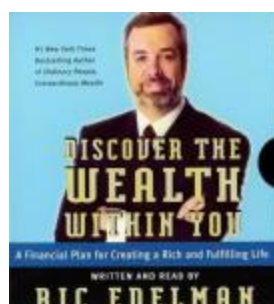
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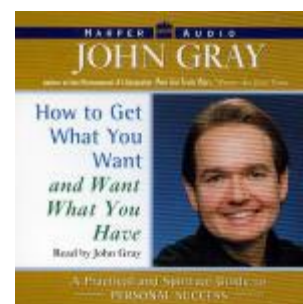
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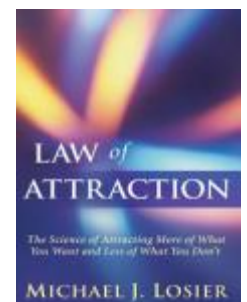
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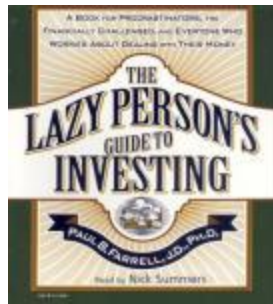


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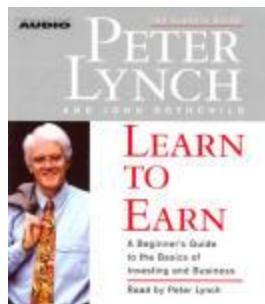
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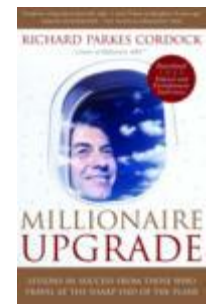
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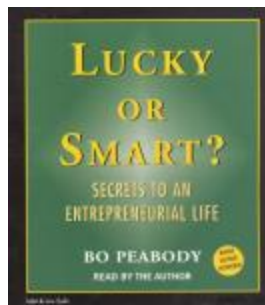
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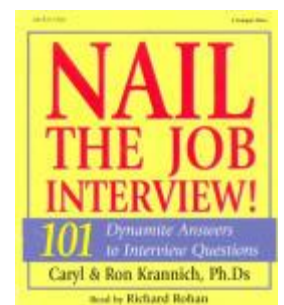
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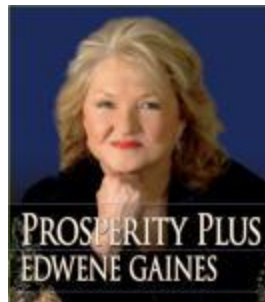
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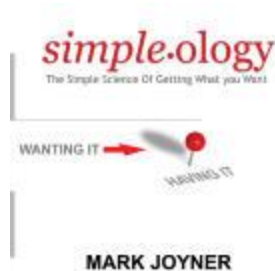
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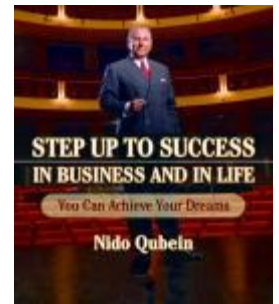
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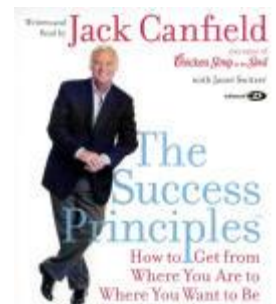
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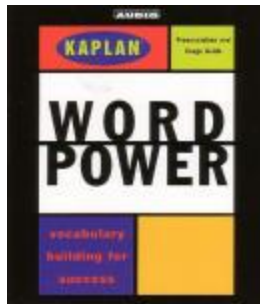
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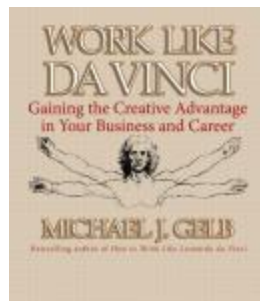
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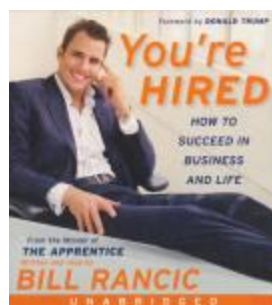
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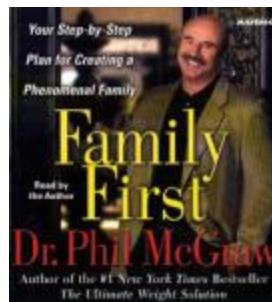
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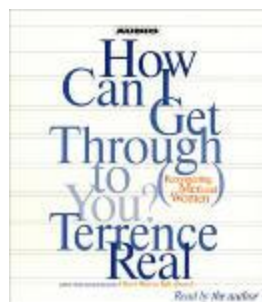
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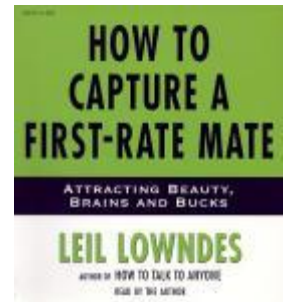
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Leil Lowndes

Reader
Leil Lowndes

Price
\$ 21.56



Are you tired of dating the same old losers? Do you justify it by saying: "There's nobody interesting in this town. I don't meet any exciting people in my job." Or "All the good ones are taken".

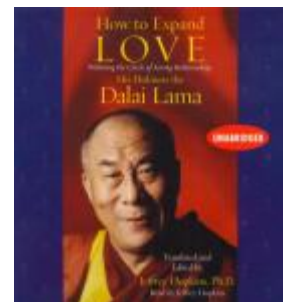
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How to Expand Love

Author
His Holiness the Dalai Lama and Jeffrey Hopkins

Reader
Jeffrey Hopkins

Price
\$ 17.95



In How to Expand Love, His Holiness the Dalai Lama, winner of the Noble Peace Prize, offers a simple yet illuminating program for transforming self-centered energy into outwardly directed compassion.

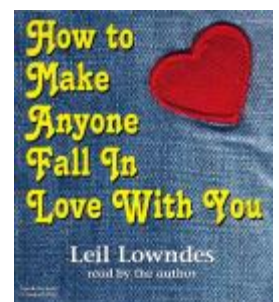
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How To Make Anyone Fall In Love With You

Author
Leil Lowndes

Reader
Leil Lowndes

Price
\$ 21.55

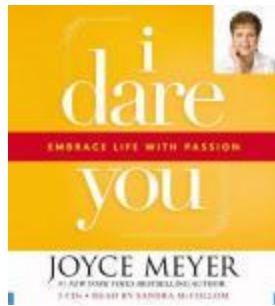


Bestselling author and internationally acclaimed communications expert Leil Lowndes provides you will a no-nonsense, surefire guide to romantic bliss.

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I Dare You: Embrace Life With Passion

Author
Joyce Meyer



Reader
Sandra McCollom

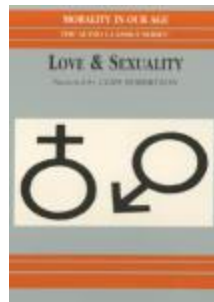
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\$ 20.99

In Joyce's latest message, she issues the challenge to embrace life with passion. However, she cautions that passion must also have purpose.

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Love and Sexuality

Author
Dr. Robert Solomon



Reader
Cliff Robertson and Robert Guillaume

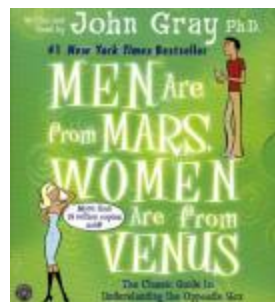
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Love and sex provide two of the primary motives of human life; the need for intimate human contact and to propagate our species. Sex is a powerful, sometimes irrational urge or instinct, but as rat...

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Men are from Mars, Women are from Venus

Author
John Gray



Reader
John Gray

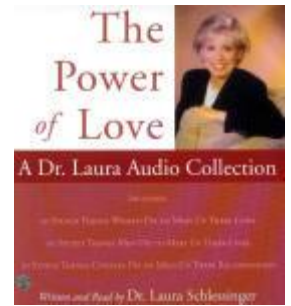
Price
\$ 13.95

The classic guide to understanding the opposite sex.

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Power of Love, The

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Dr Laura Schlessinger



Reader
Dr Laura Schlessinger

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The thought-provoking advice that has made Dr. Laura one of America's most listened to authorities on relationships.

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Proper Care & Feeding of Husbands, The

Author
Dr Laura Schlessinger



Reader
Dr Laura Schlessinger

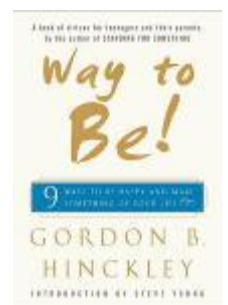
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Reader
Robb Webb

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John Hagee and Diana Hagee

Reader

J. Charles and Sandra Burr

Price

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Self Help / Health & Fitness

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Andrew Johnson

Reader
Andrew Johnson

Price
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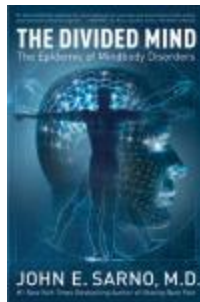
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Divided Mind, The: The Epidemic of Mindbody Disorders (Abridged)

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John E. Sarno M.D.

Reader
Paul Hecht and James Boles

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Reader
Edward Hallowell

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Doctors Edward R. Hallowell and John J. Ratey highlight forms and symptoms of Attention Deficit Disorder, a must have for all those interested in the workings of the human mind.

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Mike Angulo

Reader
Mike Angulo

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This Audio Program will teach you how to meditate so that you can dissolve Stress, Anxiety, Anger, Depression and Sorrow in less than 30 minutes a day!

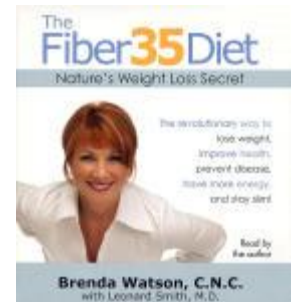
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Fiber 35 Diet, The

Author
Brenda Watson C.N.C.,
Leonard Smith M.D

Reader
Brenda Watson

Price
\$ 17.95



The Fiber35 Diet is a revolutionary new way of eating that will help you take charge of your health and change your life forever.

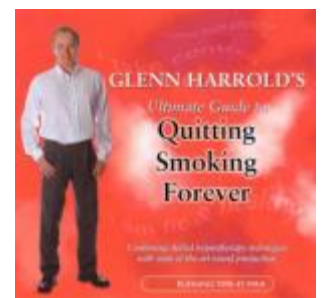
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Glenn Harrold's Ultimate Guide Quitting Smoking Forever

Author
Glenn Harrold

Reader
Glenn Harrold

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Combining skilled hypnotherapy techniques with high quality creative sound effects

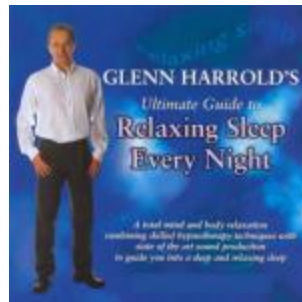
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Glenn Harrold's Ultimate Guide to Relaxing Sleep Every Night, The

Author
Glenn Harrold

Reader
Glenn Harrold

Price
\$ 4.99



A total mind and body relaxation using skilled hypnotherapy techniques that can help guide you into a deep and relaxing sleep

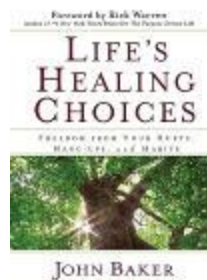
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Life's Healing Choices

Author
John Baker

Reader
John Baker

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Promising freedom from life's hurts, hang-ups, and habits, this life-changing program assures listeners that true happiness can be theirs, if they will chose it; for happiness truly is a choice.

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Optimum Mind & Body Performance Series: Managing Emotions

Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
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Manage your emotions utilizing original Interactive Self-Hypnosis. Learn to respond instead of react. Release stress & open your creative mind for success.

<http://www.createtimeaudio.com/Title.aspx?titleId=9831>

Optimum Mind Performance Series: Staying Mentally Well After Divorce

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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Utilize the power of your own mind to stay mentally well after divorce. Manage thoughts & emotions, while planting images of what you want utilizing original Interactive Self-Hypnosis.

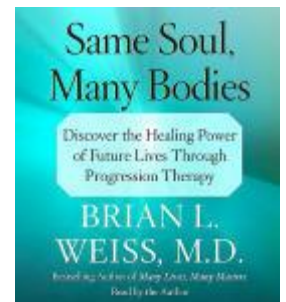
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Brian L. Weiss

Reader
Brian L. Weiss

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The life-affirming values of empathy, compassion, non-violence, patience, and spirituality--and will prove as utterly fascinating as it is instructive

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Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Enhance your tennis performance by winning the mind game with Interactive Self-Hypnosis.

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You On a Walk

Author

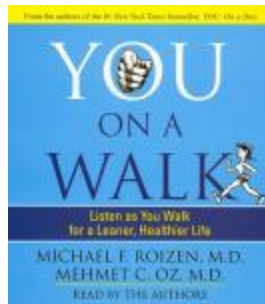
Michael F. Roizen, M.D. &
Mehmet C. OZ, M.D.

Reader

Michael F. Roizen, M.D. &
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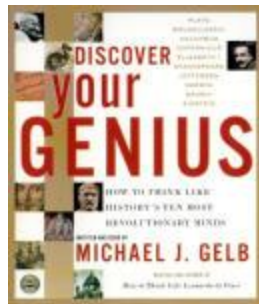
Self Help / Creativity

Discover Your Genius

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Michael J. Gelb

Reader
Michael J. Gelb

Price
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In Discover Your Genius, Michael J. Gelb draws upon the wellspring of history's most revolutionary minds to guide you to unleash your own creativity.

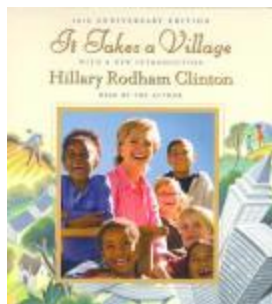
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Hillary Rodham Clinton

Reader
Hillary Rodham Clinton

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Senator Clinton reflects on how our village has changed over the last decade - from the impact of the Internet to new research in early child development and education

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Learn Interactive Self-Hypnosis Series: Inner Exploration - Miracle Making Workshop

Author
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Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Inner explore your subconscious mind & program for miracle making with Interactive Self-Hypnosis

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Reader
Elizabeth Bohorquez, RN, C.Ht

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Program your own subconscious mind utilizing creative metaphors. Reach your goals quickly & effortlessly.

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Learn Interactive Self-Hypnosis Series: Inner Exploration - Inducing Dreams Workshop

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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
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Inner explore your subconscious & work directly with your dream states utilizing Interactive Self-Hypnosis

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Learn Interactive Self-Hypnosis Series: Automatic Writing & Inner Journaling

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Reader
Elizabeth Bohorquez, RN, C.Ht

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Inner explore your subconscious mind with automatic writing & inner journaling utilizing creative Interactive Self Hypnosis

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Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

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Building metaphors or subconscious mind suggestions for high level health & performance.

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Reader
Elizabeth Bohorquez, RN, C.Ht

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\$ 19.95



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Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Experience inner self-growth through the hypnotic metaphor of the Crystal Cathedral.

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Exploration - The Board Meeting Workshop**

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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



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**Learn Interactive Self-Hypnosis Series:
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Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Inner explore your subconscious through the mountain metaphor. See reality & change what you choose.

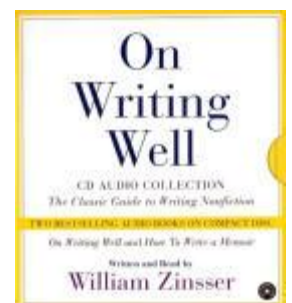
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William Zinsser

Reader
William Zinsser

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Optimum Mind & Body Performance Series: Diminishing & Enhancing Emotional States

Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Emotions can make you or break you. This program is designed in original Interactive Self-Hypnosis to assist you in programming both diminishing & enhancing your emotions.

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Optimum Mind Performance Series: Affirmations for Enhancing Self-Image

Author
Elizabeth Bohorquez, RN, C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

Price
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Enhance your self-image with the power of affirmations that are planted directly into your own subconscious mind.

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Optimum Mind Performance Series: Affirmations for Making Changes

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Elizabeth Bohorquez, RN,C.Ht

Reader
Elizabeth Bohorquez, RN, C.Ht

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Move out of fear & into self-confidence, making it easier to change course. Practice Interactive Self-Hypnosis & direct your life towards success at every turn.

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Optimum Mind Performance Series: Enhancing Creativity

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Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95



Enhance your own creativity with the power of your own mind. Utilize original Interactive Self-Hypnosis to design active images of what you want to achieve & walk a new life path.

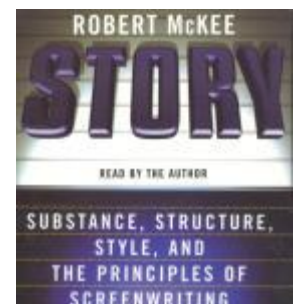
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Story

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Robert McKee

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Robert McKee

Price
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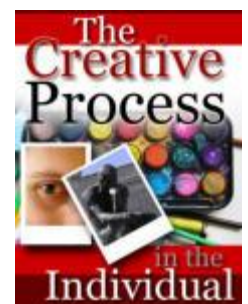
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The Creative Process In The Individual

Author
Andy Guides

Reader
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**Self Help / Interpersonal
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**Optimum Mind Performance Series:
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Author
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Reader
Elizabeth Bohorquez, RN, C.Ht

Price
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Reader
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Reader
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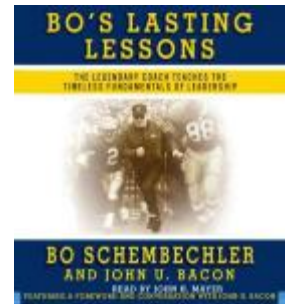
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Bo's Lasting Lessons

Author
Bo Schembechler and John U. Bacon

Reader
John H. Mayer

Price
\$ 17.49



With pithy language, Bo explains that true leadership requires the compassion to actively listen to your people, and then to have the courage to do what is right every time

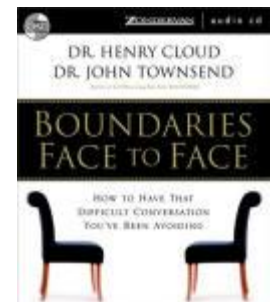
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Boundaries Face to Face

Author
Henry Cloud and John Townsend

Reader
Dr. Henry Cloud/Dr. John Townsend

Price
\$ 14.99



The practical handbook and theology for confrontation by the authors of the award-winning and best-selling Boundaries. Read by Dr. Henry Cloud and Dr

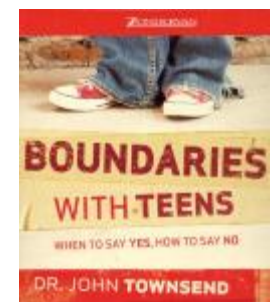
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Boundaries with Teens

Author
Dr. John Townsend

Reader
Dr. John Townsend

Price
\$ 16.29

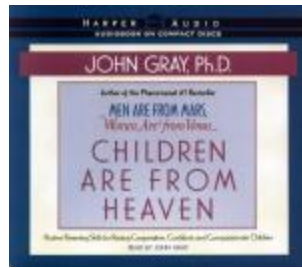


Teenagers! You love them to pieces... but sometimes you feel as though the pieces are falling apart.

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Children are from Heaven

Author
John Gray



Reader
John Gray

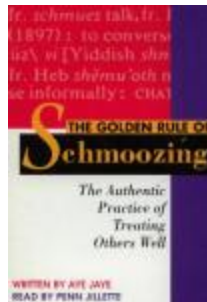
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Children Are From Heaven covers different skills of parenting to help improve communication, increase cooperation, and motivate your children.

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Aye Jaye



Reader
Penn Jillette

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Learn these techniques and you'll be able to master the art in no time at all and be schmoozing your way to everything you have ever wanted.

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Goodbye to Shy

Author
Leil Lowndes



Reader
Leil Lowndes

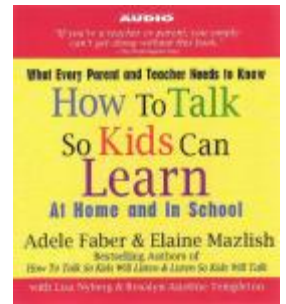
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Author Leil Lowndes knows firsthand how excruciating shyness is. Shyness is a curse. Shyness makes you feel like an unwanted guest in everyone else's world.

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How to Talk So Kids Can Learn

Author
Adele Faber and Elaine Mazlish



Reader
Adele Faber

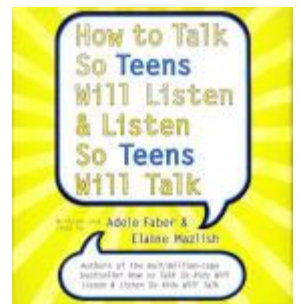
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Author
Adele Faber and Elaine Mazlish



Reader
Adele Faber and Elaine Mazlish

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Listening: The Forgotten Skill

Author
Madelyn Burley-Allen



Reader
Madelyn Burley-Allen

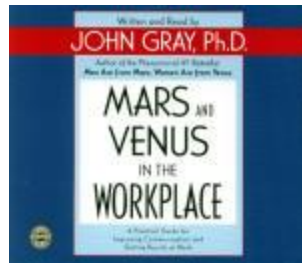
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Mars and Venus in the Workplace

Author
John Gray



Reader
John Gray

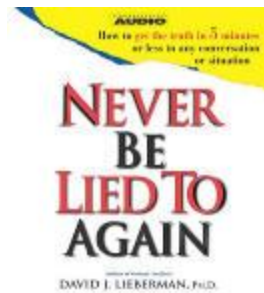
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John Gray, who changed the way people view gender differences with his #1 international bestseller Men Are from Mars, Women Are from Venus, now brings his insights to the working world.

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Author
David J Lieberman



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Optimum Mind Performance Series: Affirmations for Becoming Assertive

Author
Elizabeth Bohorquez, RN, C.Ht



Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95

Utilize the power affirmations & specialized image to become more assertive in all areas of life.

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Optimum Mind Performance Series: Affirmations for Building Relationships

Author
Elizabeth Bohorquez, RN, C.Ht



Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95

Build old & new relationships in all areas of your life with interactive affirmations, designed to put you in charge of getting what you truly want.

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Optimum Mind Performance Series: Affirmations for Building Self-Esteem

Author
Elizabeth Bohorquez, RN, C.Ht



Reader
Elizabeth Bohorquez, RN, C.Ht

Price
\$ 19.95

Enhance your self-esteem with the power of your own mind. Change negative programming with original Interactive Self-Hypnosis.

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Optimum Mind Performance Series: Affirmations for Decision Making

Author
Elizabeth Bohorquez, RN, C.Ht



Reader
Elizabeth Bohorquez, RN, C.Ht

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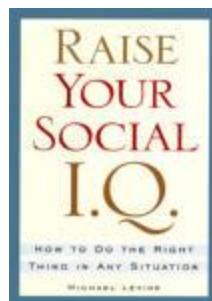
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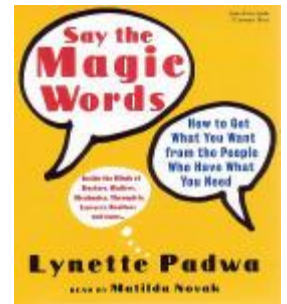
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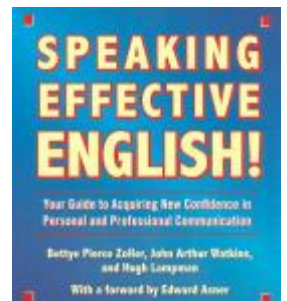
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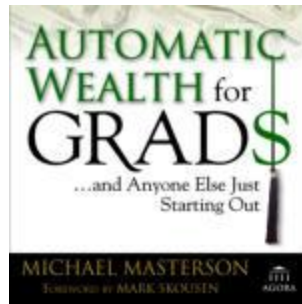
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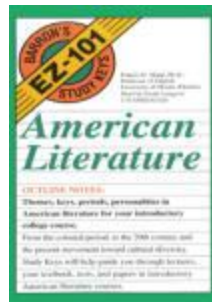
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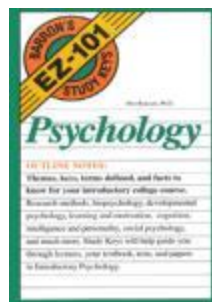
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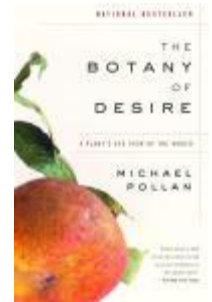
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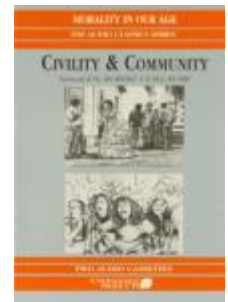
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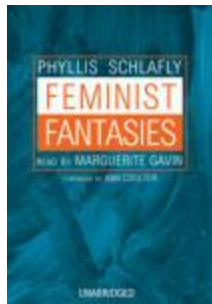
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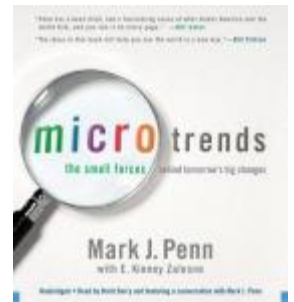
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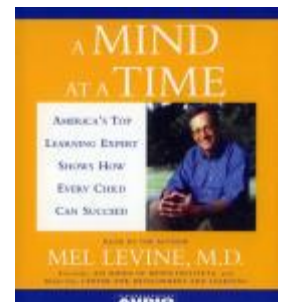
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Property

Author

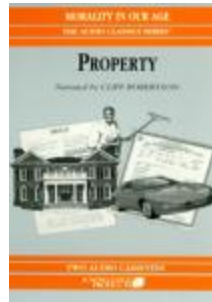
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Woman's Guide to Basketball, A

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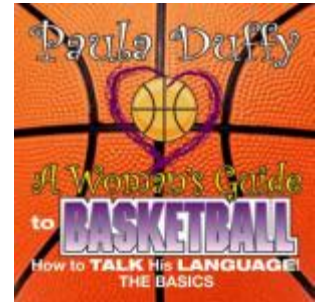
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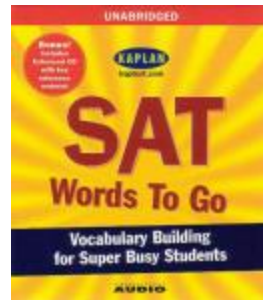
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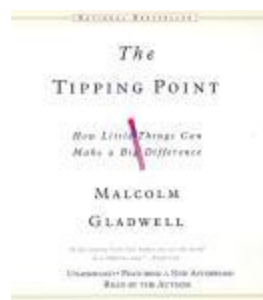
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